## ARE YOU READY FOR TIME MANAGEMENT COACHING?



COACHING PROGRAM

Guaranteed to Save You an Additional 2 hours per week Sessions available Mondays and Thursdays between 9 a.m. - 12 p.m.

2 sessions per week = 8 sessions for 30 days (6 hours)

The coaching program includes Time Management Mastery Assessment, Time Management Journal, and an autographed copy of 52 Time Management H.A.C.K.S.



**SESSION 1** 

**Design the Plan** 

**SESSIONS 2-4** 

Work the Plan

**SESSIONS 5-6** 

Assess the Plan

SESSIONS 7-8

Sustain the Plan



www.deborahjohnsonblake.com



drdj@deborahjohnsonblake.com

